# Towards an Evaluation of LLM-Generated Inspiration by Developing and Validating Inspiration Scale

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# ABSTRACT

Researchers seek inspiration during the research process. Large Language Models (LLMs) have the potential to inspire researchers to make progress in their research, especially in the ideation process, but it is challenging to assess this capability. We envision (1) developing a scale—*Inspiration scale*—that captures key elements of inspiration, (2) evaluating the capability of existing LLMs for inspiring researchers in the research ideation process, and (3) further transforming the developed scale into an auto-assessment rubric for LLMs to align human-perceived and machine-assessed inspiration. In this paper, we develop a list of items for human evaluators by (1) compiling metrics for inspiration through a systematic literature review and (2) contextualizing them in the context of research ideation. We discuss the next steps to validate our scale, evaluate LLMs using the scale, and develop an auto-assessment rubric aligned with our original scale.

# **CCS CONCEPTS**

Computing methodologies → Natural language generation;
 Human-centered computing → Human computer interaction (HCI); HCI design and evaluation methods;
 General and reference → Evaluation.

#### **KEYWORDS**

Large Language Models, Evaluation, Creativity, Inspiration, Scale development

# **1 INTRODUCTION**

In a scientific research process, researchers seek inspirations in performing various tasks such as identifying research opportunities by analyzing prior literature, designing and conducting experiments, and ideating future research directions [41]. Inspirations<sup>1</sup> involve *evocation* (i.e., there need to be external stimuli), *transcendence* (i.e., an individual realizes novelty on the stimuli), and *motivation* (i.e., the stimuli motivates an individual to act) [111]. In this sense, Large Language Models (LLMs) have a potential to meet the characteristics by providing novel ideas (*evocation* and *transcendence*) on topics that researchers are interested in, which could help researchers create actionable to-do items for research progress (*motivation*).

It is questionable whether and how well LLMs can inspire researchers in a scientific research process. One way to answer the question is to measure how inspiring LLM responses are in scientific QA [69] settings, but it is unclear what metrics should be employed to specifically inform the strengths and weaknesses of the models providing inspiration. Prior research used a set of related metrics to evaluate how inspiring LLM responses are (e.g., whether generated texts are helpful [47], novel [35], and creative [26]), but the metrics in the prior research are highly diverse and contextspecific depending on the research focus. Such diversity makes it challenging to understand an overall landscape of aspects that should be considered when evaluating the capability of LLMs to provide inspiration. Developing a general-purpose, validated scale for assessing LLM-generated inspiration can offer a straightforward yet thorough method for evaluating their inspiration capability, using fine-grained metrics to examine and compare the performance of LLMs.

Our ultimate goal is to (1) develop and validate an inspiration scale for evaluating inspirations by following a standard methodology for developing scales [32, 61, 85] and (2) evaluate how inspirational LLMs are in a scientific QA task. We acknowledge that a single standard inspiration scale may not perfectly capture the unique nature of diverse research domains and processes. Nevertheless, the inspiration scale can serve as a good default for assessing the inspirational capability of LLMs, offering researchers the opportunity to adapt the scale according to their specific interests. In this paper, we report (1) results of a systematic literature review that compiles metrics used for measuring inspiration and (2) a list of items (i.e., questions for human evaluation) after contextualizing the metrics to research process (Figure 1). Then we discuss future work to achieve the ultimate goal.

<sup>&</sup>lt;sup>1</sup>We denote "inspirations" as artifacts that aim to facilitate inspiration. We use the term "inspiration" to indicate a conceptual entity.

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A. Idea Quality Metrics	<ul> <li>Novelty of ideas</li> <li>The response breaks away from common solutions and offers truly unique perspectives.</li> <li>The response offers insightful solutions that haven't been explored before.</li> <li>The answer is infused with innovative and thought-provoking approaches.</li> </ul>
<ul> <li>Domain-specific quality metrics</li> <li>Novelty</li> <li>Originality</li> <li>Creativity</li> <li>Feasibility</li> <li>Elaboration</li> </ul>	<ul> <li>Feasibility of ideas</li> <li>The response offers practical and attainable solutions.</li> <li>The response provides ideas feasible to execute.</li> <li>Ideas in the response can be realistically implemented.</li> <li>The response provides ideas that are realistic within the given context.</li> </ul> Applicability of ideas
Conventional     Completeness	<ul> <li>The response provides a foundation reading application to specific needs and contexts.</li> <li>The response provides a versatile foundation for further exploration and application.</li> </ul>
B. Idea Space Metrics	<ul> <li>Breadth of knowledge - diversity of ideas</li> <li>The response presents a wealth of different approaches, ensuring a well-rounded perspective.</li> <li>The response showcases a broad spectrum of solutions, encouraging further consideration.</li> <li>The response offers a wide range of ideas, showcasing different perspectives and approaches.</li> </ul>
<ul><li>Quantity</li><li>Diversity</li><li>Evenness</li><li>Depth</li></ul>	<ul> <li>Breadth of knowledge - sufficiency in number of ideas</li> <li>The response offers enough ideas to spark creativity and stimulate exploration.</li> <li>The response provides a sufficient starting point for productive brainstorming and problem-solving.</li> </ul>
	<ul> <li>Breadth of knowledge - no redundancy between ideas</li> <li>The provided options are clearly distinct, avoiding redundancy and overlap.</li> <li>The suggestions cover a broad spectrum, encompassing various possibilities without being repetitive.</li> </ul>
C. Impact of ideas on users Metrics	<ul> <li>Perceived utility <ul> <li>The suggestions are helpful for exploring different possibilities.</li> <li>The response is useful in the context of brainstorming ideas.</li> <li>This information helps to expand the scope of potential solutions.</li> <li>The response offers valuable input for exploring different approaches.</li> </ul> </li> </ul>
<ul> <li>Inspiring</li> <li>Usefulness</li> <li>Surprise</li> <li>Task influence</li> <li>Helpfulness</li> <li>Satisfying</li> </ul>	<ul> <li>Promoting creative thinking</li> <li>The response prompts me to develop an approach I had not previously considered.</li> <li>The response stimulates me to explore new directions of solving the problem.</li> <li>The response sparks my curiosity to try out alternative solutions.</li> <li>The response encourages me to think of a new way to tackle the issue.</li> </ul>
<ul><li>Motivational</li><li>Distractive</li></ul>	<ul> <li>Impact on my ideation process</li> <li>The response questions my initial assumptions or beliefs, encouraging me to explore different viewpoints.</li> <li>The response influences my thought process, providing me with fresh perspectives and methods.</li> </ul>
D. Social acceptance Metrics • Appropriateness • Elevibility	<ul> <li>Research community <ul> <li>The response directly tackles the current challenges identified by researchers in my field of study.</li> <li>The response meets the specific needs and goals of the research community of my interest.</li> <li>The response aligns with the current state of knowledge and ongoing research endeavors.</li> <li>The response closely corresponds with the latest research trends and priorities within the relevant research community.</li> </ul> </li> </ul>
Value     Realistic     Acceptance	<ul> <li>Ethical consideration <ul> <li>The response suggests approaches that align with widely accepted ethical principles.</li> <li>The response presents solutions that are unlikely to raise ethical concerns for most people.</li> <li>The response avoids solutions that could be seen as harmful or morally questionable.</li> <li>The response champions ethically sound approaches to the problem.</li> </ul> </li> </ul>
E. Human Alignment Metrics	<ul> <li>Specificity</li> <li>The response is rich in information and specific examples.</li> <li>The response offers concrete details and data to support its claims and arguments.</li> <li>The response lacks depth and specifics</li> </ul>
<ul> <li>Relevance</li> <li>Elaboration</li> <li>Fluency</li> <li>Understandability</li> <li>Repetitiveness</li> </ul>	<ul> <li>Comprehensibility <ul> <li>The response presents a structured and logical flow of information, aiding comprehension.</li> <li>The information is well-organized and easy to follow, making it clear and understandable.</li> <li>The provided information is clearly defined and avoids ambiguity, ensuring every point is precise.</li> <li>The details are clearly presented and easy to follow, even for complex topics</li> </ul> </li> </ul>
	<ul> <li>Relevancy</li> <li>The response aligns with the subject matter of my inquiry.</li> <li>The response answers the essence of my question.</li> <li>The response directly addresses my question.</li> </ul>
	<ul> <li>Consistency</li> <li>The response presents coherent and consistent ideas, avoiding any conflicting perspectives.</li> <li>The response demonstrates a unified and well-integrated flow of thought, free of contradictions.</li> <li>The response clearly communicates ideas free of ambiguity, preventing any misinterpretations or contradictions.</li> </ul>

Figure 1: Results of contextualization. Metrics found from the systematic review were grouped into five themes and translated into items in the context of research ideation.

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Figure 2: Overall approach for developing an inspiration scale. We develop items by compiling metrics for evaluating inspiration from systematic literature review and contextualizing the metrics into a research process. After getting feedback on the developed items from experts, we are planning to polish the items by understanding psychometric properties, conducting exploratory factor analysis. Then we validate the items as a scale by conducting confirmatory factor analysis and an additional validation study.

# 2 RELATED WORK

We review research about (1) the concept of inspiration and their effects and (2) systems that offer inspirations and their evaluation.

#### 2.1 Effects of inspiration

Inspiration is the process of being stimulated by external artifacts [80, 103]. Some other perspectives define inspiration as the external stimuli [45, 113]. The inspiration helps individuals to be more creative in various ways. Specifically, the inspiration enriches a creative process and influences human behavior, leading to positive experiences. In terms of creative process, inspiration assists in solve problems [45], influences cognitive mechanisms [113], and alters problem framing [65]. Once getting inspired, individuals feel a desire to express [34], generate new and diverse ideas [103], and consider a wide range of perspectives [103]. It results in feeling excitement, satisfaction, a sense of coalescence, and an arousal of long-term memory [37, 45]. However, inspiration can also have negative consequences such as leading design fixations and disrupting designers' thinking [45].

Evaluating the effects of inspirations is mostly done by human evaluations with various focuses. One of the popular methods is to design Likert-scale questions that ask users (i.e., those who receive inspirations) about how they perceive the given inspirations [16, 54, 121]. External judges are recruited for evaluating the quality of inspirations in the domain and understanding how the inspirations affected the creative process of users [15, 16]. We aim to develop and validate an inspiration scale for evaluating inspirations so that researchers can not only measure inspirations with a validated scale but also be informed about a landscape of evaluating inspirations as a guideline.

# 2.2 Systems for offering inspirations

Research has introduced systematic approaches for providing inspiration where some of the approaches are (1) offering predefined sets of examples [20, 84], (2) sampling ideas through computational exploration of the idea space [23], and (3) adaptively offering ideas based on the user's ongoing creations [21, 46]. As research is a highly creative process, systems for facilitating effective inspirations for researchers have been introduced. For instance, research introduced techniques for suggesting novel ideas [116], searching related work [66, 87], adapting ideas [43, 52], and generating review of a paper [25].

To show the effects of inspirations offered by systems, research measured various dimensions of provided inspirations, including creativity [4, 103], usefulness [20, 121], and how it influences the creative process [54, 104]. However, research has employed diverse sets of metrics with various descriptions of what the metrics mean. It remains unclear what the comprehensive set of metrics is for measuring inspiration. We aim to develop and validate an inspiration scale via a systematic methodology for scale development.

Creativity Supporting Tools (CSTs) [102] are related systems where the goal is to assist users' creative process. The evaluation of CSTs mainly focuses on usability of the tools and quality of users' creative outcomes. For assessing the usability, Creativity Support Index (CSI) [18] has been widely used in addition to general usability assessment metrics such as NASA-TLX [40] and SUS [10]. Assessing the creative outcome is mostly done by human evaluations of domain experts. In this work, we focus on measuring LLM responses instead of a holistic evaluation of LLM as a tool for offering inspirations. We believe that our scale can be informative for evaluating tools for offering inspirations by incorporating usability perspectives of the process.

# **3 OVERALL APPROACH FOR DEVELOPING INSPIRATION SCALE**

Figure 2 shows an overall approach for developing and validating an inspiration scale, following a standard methodology [6]. In the first phase, we develop a set of items (i.e., questions for the evaluation) by taking an inductive approach: (1) conducting a systematic literature review to create a list of relevant metrics with inspiration, (2) creating items by contextualizing the metrics to research process, and (3) reflecting expert feedback on the created items. The second phase is scale development, where we run a human evaluation study (N = 150) with the created items. Using the evaluation results, we perform exploratory factor analysis [30] to identify core factors 1st HEAL Workshop at CHI Conference on Human Factors in Computing Systems, May 12, Honolulu, HI, USA

HCI	[5, 7, 13, 15, 16, 20–23, 26, 27, 33, 38, 42, 48, 52–54, 63, 67, 70, 73, 74, 77, 78, 83, 84, 90, 98–101, 103–105, 107, 108, 110, 114, 119, 121, 124, 127]
AI/LLM	[2, 3, 8, 12, 14, 17, 19, 26, 28, 29, 39, 44, 51, 55, 57–60, 62, 64, 68, 72, 75, 76, 82, 86, 88, 89, 91, 92, 94, 95, 115, 118–120, 126, 128]
Cognitive Science	[31, 36, 50, 71, 79, 81, 93, 96, 97, 106, 109, 112, 117, 123]

Table 1: The list of papers containing human evaluation with metrics, identified from the systematic literature review.

that describe the items and remove potentially redundant items. The final phase is scale evaluation, which evaluates our items as a scale. In other words, we evaluate whether the items capture key properties of inspirations via a validation study.

In this paper, we report the results of a systematic literature review and a list of items through contextualization (Phase 1). Then we describe future work (Phase 2 and 3).

#### 4 SYSTEMATIC LITERATURE REVIEW

To create items for developing an inspiration scale, we conducted a systematic literature review as an inductive approach of item development.

#### 4.1 Procedure

Figure 3 shows a diagram illustrating the overall procedure. We sampled papers that include evaluation of inspirations given by a system (e.g., ideas [23, 75], feedback [9, 56], and images [74]) until the year of 2023 through web search. Since the concept of inspiration has been discussed in various research fields, we targeted three fields of research: (1) AI/LLM, (2) HCI, and (3) Cognitive Science. Specifically, our goal was to review papers that (1) asked users to perform creative tasks, (2) offered inspirations to support the task, and (3) evaluated the provided inspirations. As such, our search keyword includes "inspiration", "creativity", "ideation". Also, we included keywords "measure" and "Likert" for sampling papers that include human evaluation with specific metrics as evaluating ideas have been mostly done by human (i.e., users and external judges). Finally, we included field names (e.g., "LLM" for AI/LLM, and "Human-Computer Interaction" for HCI).

From the search results (523 papers in total), we filtered papers that contain evaluations of inspirations from the system by reading their evaluation methodology. Then we listed the name (e.g., "Unexpectedness") and description of the metrics (e.g., "how unexpected a prompt was") from each paper, which resulted in 97 papers (Table 1) with 202 metrics in total (allowing duplicates between papers). To come up with a list of unique metrics, we assigned a label for each of the raw metrics where a label represents a single metric. In other words, we assigned the same label for raw metrics if the description of the metrics took the same perspective. Three authors assigned labels for 20% of the metrics together and made a consensus around how to assign labels. Then, each of the three authors individually assigned labels for 80% of the metrics and resolved conflicts together. Finally, 30 unique labels have been identified, and each label corresponds to a metric.

#### 4.2 Result

Figure 1 shows the list of metrics identified from the systematic literature review. We recognized 5 themes of the metrics based on the target of measures: evaluating (1) idea quality, (2) idea space,



Figure 3: The systematic literature review process.

(3) impact of ideas on users, (4) social acceptance, and (5) human alignment.

4.2.1 *Idea quality.* One of the major evaluation targets is the quality of ideas, where commonly used metrics include *Novelty*, *Originality*, *Creativity*, and *Feasibility*. Research also introduces domain-specific quality evaluation metrics depending on the context (e.g., Coherency for story writing task [21] and Aesthetics for image generation task [7]). Research often invites expert judges to evaluate the quality of ideas.

4.2.2 *Idea space.* The space of ideas is another important theme of evaluation in ideation tasks. The subject of idea creation can be both systems and users. Metrics include *Quantity*, *Diversity*, and *Evenness*. Such metrics can be employed not only for human evaluation but also for quantitative evaluation through operationalization (e.g., computing Diversity as the mean pairwise distance between ideas [16]).

4.2.3 Impact of ideas on users. It is important to understand how the ideas affect users' creative process, cognitive process, and overall experience. Research used metrics such as *Inspiring*, *Usefulness*, and *Surprise*, and *Task Influence*. Researchers measured the impact of ideas by asking such questions to the users [54, 105] or examining how users' creative process have been altered after the users browsed system-offered ideas [16].

4.2.4 Social acceptance. Research also examined whether the ideas can be socially accepted by taking a broader perspective. Metrics include *Appropriateness*, *Flexibility*, and *Acceptance*. We found, however, that few research discussed ethical considerations of the ideas, which is an important consideration in AI [49]. We add a few items regarding the ethical perspectives, emphasizing the importance of the community.

4.2.5 *Human alignment.* The idea description needs to be aligned with human values. Metrics include *Relevance, Elaboration*, and *Understandability*. Metrics in this theme can be generally employed in contexts other than ideation tasks. Researchers may employ other related metrics about human alignments as well (e.g., *Factuality* [125]).

# 5 CONTEXTUALIZING THE METRICS TO RESEARCH PROCESS

Since the list of metrics is organized from various papers with different contexts, we developed items by contextualizing the metrics into a research process. Our approach is to develop multiple items for each theme so that the items cover important dimensions discussed in the prior literature.

We took an iterative approach to create clear items that avoid ambiguity and multiple interpretations. First, we wrote the description of the metrics, starting with "The response" as our evaluation target is LLM response. With the initial list of items, we conducted a pilot human evaluation study where the three authors rated LLM responses using the initial items. The LLM responses were for questions that ask potential future research directions, given a discussion section of a research paper. For items that are unclear or have multiple possible interpretations, we rewrote the items or decomposed the items into multiple items to make them clearer. We iterated the process until we have clear items.

As a result, we designed 48 initial items (Figure 1). Note that the items will be reduced to a smaller number of items where we expect to have approximately 10 items in the final version, considering the practicality of the evaluation. Prior research recommended that the initial pool of items could be five times as large as the final version [122].

We are planning to conduct an expert review session on the items to understand whether the items represent the key characteristics of inspiration in the research process. Our plan is to invite experienced researchers (e.g., faculty or postdoctoral-level) in different research fields (e.g., AI/LLM, HCI, and Cognitive Science) to get feedback from diverse perspectives.

#### **6** FUTURE WORK

To evaluate inspirations of LLMs via both human evaluation and automatic evaluation, our future work addresses (1) understanding psychometric properties and validating the scale and (2) evaluating inspirations of multiple LLMs and analyzing their strengths and weaknesses in offering inspirations via both human evaluation and automatic evaluation.

# 6.1 Understanding psychometric properties and validating the scale

To develop a validated scale, we perform two studies: (1) a study to understand psychometric properties and further polish the items and (2) another study to validate the list of items as a scale.

*6.1.1 Study 1. Understanding psychometric properties.* The scale development process involves identifying core factors that describe the overall items and reducing redundant items [6, 111]. Therefore, we aim to conduct a study with 150 participants via crowdsourcing. In the study, we ask participants to rate a GPT-4 response, which is potentially inspiring for the participants, using the developed items in a scenario of brainstorming future research ideas. As our scenario requires brainstorming research ideas, our target population of the participants is those who have prior research experiences.

It is not straightforward to generate GPT-4 responses that could be inspiring for the participants (i.e., researchers). To provide inspiring experiences, we (1) ask participants to upload a pdf of a paper that they are interested in, (2) generate an ideation question using GPT-4 by leveraging the paper contents (See Figure 4 for the prompt), (3) ask participants to regenerate or revise the question in a way that the response is expected to provide inspirations to them, and (4) ask participants to rate the response generated by GPT-4 for the question. In this way, we can expect that the participants would rate responses that potentially offer inspirations.

After collecting the ratings, we conduct exploratory factor analysis [30] to identify the core factors. Based on the factors, we can further reduce the items by removing highly correlating items. We will also drop items that are not closely related to any of major groups. An item reliability test [24] could further drop items that are not closely correlates with items in the same factor group.

*6.1.2 Study 2. Validating the scale.* In this study, we aim to validate our scale. The procedure is similar to Study 1, but we perform confirmatory factor analysis [11] and reliability test [24] on the evaluation results.

In the study, we also include other validated measures in psychology (e.g., cognitive load, enjoyment, and Inspiration Scale [111]) to show discriminant validity and convergent validity of our scale. We further validate our scale by comparing the ratings of the responses to different types of questions. Here, we assume that certain questions are more prone to be inspirational and ratings for those will be higher. For example, asking about solutions to a problem would be more likely to produce inspiring responses compared to asking about the definition of a concept.

#### 6.2 Evaluating inspirations of LLMs

Using the scale, we evaluate how well existing LLMs offer inspirations to researchers and analyze strengths and weaknesses of LLMs in providing inspirations to researchers. We follow a similar methodology for evaluating LLM capabilities [1, 125]. [[ Title, Abstract, Introduction, and Discussion section of paper ]]

{{ Title, Abstract, Introduction, and Discussion section of the user's paper }}

[[ Definition of ideation question ]]

Ideation questions in the context of research process explore ways to extend current research by either improving upon it or by applying the findings to different contexts.

[[Examples]]

What potential future research directions could be explored to further enhance the effectiveness and efficiency of multi-task offline reinforcement learning, particularly in terms of integrating adaptive learning algorithms or exploring different domains and applications beyond robotic manipulation and drone navigation?

How could the OnIS framework be further developed to enhance its robustness and adaptability in dynamically changing environments, and what are the potential applications in real-world scenarios where environmental unpredictability is a significant challenge?

[[Instruction]]

Now, generate three self-contained questions for ideation. Avoid the use of the phrase 'in the text.' Exclude any second-person pronouns like 'you,' so no questions should start by 'can you.' Spell out all the acronyms.

Figure 4: The prompt used for generating ideation questions that are expected to produce inspiring ideas to researchers. In addition to the definition of the ideation question, we put the title, abstract, introduction, and discussion contents of a paper that the researcher is interested. In this way, we can generate questions that address specific contexts of the paper, which is likely to produce inspiring ideas about the paper.

In the evaluation process, we conduct both human evaluation and automatic evaluation to see the feasibility of using LLMs as an evaluator. We report the correlation between the two evaluation results and discuss what automatic evaluation can measure well and not. Also, we can further transform the developed scale into a rubric for automatic evaluation that better aligns with human-perceived inspiration.

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